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## 2020 SoCon Outdoor Track & Field Championships

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### 2020 Outdoor Track & Field Championships

May 2-3 • Samford Track and Soccer Stadium • Birmingham, Ala.

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The Southern Conference Outdoor Track and Field Championships return to the Samford Track and Soccer Stadium in Birmingham, Alabama, for the second straight season and fifth time overall in 2020. The men's meet was also contested in Birmingham from 1928-31.

Western Carolina's men and Samford's women won the team titles in 2019, with four meet records falling at the meet. For the Catamounts, it was their ninth team title and fourth straight. The Bulldogs claimed their third title overall and second in the last three seasons.

**Tickets:**

Admission is free

Area attractions:

[What to see and do in Birmingham, Ala.](#)

**Hotels:**

[SoConTravel.com](#)

**Review of past championships:**

[2019](#) [2018](#) [2017](#) [2016](#) [2015](#) [2014](#) [2013](#) [2012](#) [2011](#) [2010](#)

**Participating institutions (men):**

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**Participating institutions (women):**

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